

Kick bird flu out of our country

Bird flu has occurred in some parts of our country. The government is taking appropriate measures to ensure that the disease does not spread. Take care.

- Keep poultry in its own house, separate from the houses in which people live.
- Avoid touching sick domestic or wild birds or birds that have died of unknown causes.
- Avoid touching or treating sick poultry on your own. Call a veterinary worker instead.
- If you must remove dead poultry or birds, wear gloves or polythene paper.



- Put poultry droppings in a hole and cover with soil 2 feet deep. Leave for 6 months to compost before using as manure. This will kill any viruses that may be in the droppings. Selling or throwing raw droppings in the garden can spread diseases.



- Advise your children to avoid touching poultry and birds.
- Report to a veterinary officer if you see a bird or poultry that is sick or has died of unknown causes.
- Burn to ashes or bury dead poultry or wild birds, including any detached feathers and left-over parts. Bury deep enough so that dogs do not dig out.

It is safe to eat poultry. But eat healthy poultry only.

- Check to ensure that the poultry you buy and slaughter is healthy and alert.
- If you buy slaughtered poultry, ensure that it has been inspected and stamped by a veterinary officer.



- Cook poultry, eggs and other poultry products well before eating. Cook until the meat turns brown and has no traces of blood. Cook eggs until they are hard. Cooking well kills viruses.

- Wash hands with water and soap after:

- Handling, slaughtering or preparing poultry or wild birds for cooking.
- Cleaning the poultry house or touching poultry droppings.
- Handling eggs.



- Seek medical help immediately if you get a fever after contact with sick or dead poultry or wild bird.

For more information contact:

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